

# MAC<sup>6</sup>

## “ALL ABOUT YOU” WORKSHOP

By investing in the “All About You” Workshop, you will deepen your understanding of **your unique combination** of Behaviors, Motivators, and Competencies. It’s a Celebration of **YOU!**

### Process:

- **4 hour workshop, up to 12 participants**
- **Using their Tri-Matrix report, participants will create a personalized 2’x3’ poster which will help them understand and embrace their unique talents and skills.**
- **Participants will present their completed poster to the entire group and explain “Who They Are” including Ways to Communicate and Ways not to Communicate.**
- **Participants will review their Possible Time Wasters and Areas for Improvement and decide on a specific Development Plan.**

### Benefits:

- **Improve interpersonal relationships and communication skills.**
- **Encourage participants to act on their results in their personal and professional lives.**
- **Understand and appreciate individual strengths and the value they bring to an organization.**
- **Awareness of challenges which may result in performance blocks both personally and professionally.**